

HEALTH IN HAND

Organic Juice & Smoothie Bar • Locally Owned Since 2015

We are looking for energetic, kind, hard-working people who love wellness, hospitality, and creating a great guest experience. Please complete all sections clearly and thoroughly.

PERSONAL INFORMATION

Full Name		Phone Number	
Email Address		Social Media Handles	
Address		City / State / Zip	

POSITION DETAILS

Desired Position:
☐ Smoothie Barista ☐ Juice Production Team ☐ Shift Lead / Management

Employment Desired:
☐ Part-Time ☐ Full-Time ☐ Seasonal

Preferred Location: (select all that apply)
☐ Downtown Spartanburg ☐ Tyger River ☐ Baseline Greenville

Preferred Hours Per Week:
☐ 10-15 ☐ 15-25 ☐ 25-35 ☐ 35+

SHIFT AVAILABILITY (please list all times available)

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Available From							
Available To							

ABOUT YOU

Why do you want to work at Health in Hand?

What interests you about health and wellness?

What does great customer service mean to you?

What are 3 words your friends would use to describe you?

EXPERIENCE

Employer	Position	Dates Worked

ADDITIONAL INFORMATION

- ☐ I have reliable transportation.
- ☐ I am comfortable working in a fast-paced environment.
- ☐ I can lift 40 lbs if needed.
- ☐ I am available weekends and holidays if needed.

Earliest Start Date: _____

OUR CULTURE

At Health in Hand, we value kindness, urgency, teamwork, positivity, professionalism, and genuine hospitality. We are looking for team members who bring energy, warmth, and a strong work ethic to every shift.

SIGNATURE

Applicant Signature	Date

Send completed applications to: info@healthinhandsc.com
Applicants selected for interviews will be contacted directly.